

# Clinical Supervision (2-Day)

With Lisa Cohen-Bennett, Ph.D.

A FREE training presented by Alameda County Behavioral Health and A Better Way

## Learning Objectives

Participants will be able to:

- 1) Describe three key components of providing culturally competent supervision; recognizing and addressing transference, counter-transference and secondary trauma.
- 2) Identify three differences between external stressors, counter-transference and secondary trauma as it relates to clinical competence.
- 3) Identify three to five primary new diagnoses in the DSM 5 and changes from the DSM IV relevant to youth and family services.
- 4) Identify two new supervision techniques for dealing with secondary trauma in child welfare.

**Description:** This two day, in-depth training combines lecture, large and small group discussion, role plays and self-reflection. Dr. Bennett will facilitate the 15 hours during which participants will examine the Board of Behavioral Sciences rules and regulations, evaluate on-line and film examples of therapy and supervision, explore their own experiences and discuss what traits make an exceptional clinical supervisor. The second day will involve lecture, large and small group discussion and self-reflection regarding Secondary Trauma. Students will participate in exercises to determine their own obstacles as well as possible supervisees' experiences with trauma. Diagnoses will be presented from the Diagnostic and Statistical Manual V. There will be time for case consultation throughout the two days. Participants must attend both days to receive CE credit. Partial credit is not available.

**Audience:** Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

**Instructor:** *Lisa Cohen-Bennett, PhD. has been training Foster Parents, Probation Officers, Psychiatrists, Psychologists, Social Workers, Teachers and Group Home Staff around the country and in the San Francisco Bay Area for twenty years. She has worked in a variety of settings with Severely Emotionally Disturbed Youth and Families including Residential Treatment, Hospital, Juvenile Hall, Runaway Shelter and County Mental Health for over thirty years. Dr. Bennett also currently has a private practice in Lafayette, CA where she specializes in trauma.*



Thursday, April 4<sup>th</sup>, 2019 & Friday, April 5<sup>th</sup>, 2019

9am-4:30pm | Registration at 8:45am

1900 Embarcadero, Oakland, CA 94606 | ACBH, Wildcat Canyon Room, Suite 205

15 CEs available for Masters and Doctorate level professionals

TO REGISTER	
Log in to Register; search course by date	Course Registration Code
<a href="https://training.abetterwayinc.info/">https://training.abetterwayinc.info/</a>	qlpvn1

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPC, LEP (62361), and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit.

For accommodations or grievances, contact: [Trainings@abetterwayinc.net](mailto:Trainings@abetterwayinc.net) | (510) 913-1326